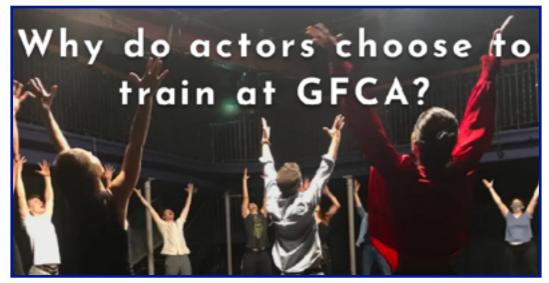
Giles Foreman Centre for Acting

One-Term Intensive Progression Courses

11 January to 14 March 2025 (Saturdays &/or Wednesday evenings)





GFCA 1-term PROGRESSION courses are designed for people of any age from 18+, who want to develop a future in acting, or who are seeking a change in career-direction - in fact anyone who would like to gain a clear understanding for what it means to train as an actor.

We offer two stand-alone progression courses, one across a full day on Saturdays, the other running on Wednesday evenings. The programmes run independently - but taking both courses will offer greater intensity, ideal for those who want to gain the maximum benefit.

Our part-time Progression courses provide detailed experience of the world of acting, and prepare people for next-level training. They are designed to allow people to also hold down a job, or to explore life in London, while taking their acting to the next level.

At GFCA we keep our group-sizes small so that each person has time to work, giving opportunities to dramatically increase skills and confidence, with advice and guidance from top experts in acting, movement, improvisation and voice. Most of our tutors teach or have taught at the major UK drama schools, and continue to work professionally; some are renowned in their fields.

Participants have core acting classes each week, alongside scene-rehearsal coaching, and specialist sessions in Acting for stage and film, Meisner Technique, Voice, Movement, Improvisation, scene-study and Audition-preparation, taught by the Centre's teaching team of leading professional coaches. They are also encouraged to find time to go and see as much film and theatre as possible outside of timetabled hours.

We are based in Dean Street, Soho - the heart of London's theatre and film industry.



At GFCA, our teaching is contemporary in approach; enjoyable, focussed and vigorous - and many of our graduates are achieving major successes in the industry.

www.gilesforeman.com info@gilesforeman.com STUDIO SOHO in Royalty Mews [next to Quo Vadis],

Tel: 020 7437 3175 22-25 Dean Street W1D 3AR

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Further Information:

Acting coaching is at the core of the training. Learn how to open up emotionally, to trust your impulses and to analyse a script thoroughly. Discover methods to analyse characters, to explore core motivations and to develop clear character thought-processes. Take part in movement and voice classes designed to help your instrument grow from a technical perspective, as well as exercises and methods to expand your imagination and spontaneity.

You will be given scenes and monologues to prepare and rehearse for an in-house showing in the final session; focussing on pieces suitable for audition, either for our own 20-month Advanced Intensive Diploma, or for other Drama Schools offering higher-level study. Feedback and guidance is provided throughout, both informally and at the conclusion of the programme.

14 is the maximum number in each group.

Before enrolment, we arrange for an informal interview, either in person or over zoom.

If you are new to GFCA, please first register online: https://forms.gle/iebrW7te7ak6wReA9

FEES:

Saturday course 10:30-6pm: £600

Wednesday evening course 6:30-10pm: £300

COMBINED fee for both courses: £800 = a discount of £100

- 25% deposit is payable at enrolment, to confirm your place
- Balance is due by 4 January

Get in touch to find out more!



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