



## One-Term Intensive Progression Course

18 January to 22 March 2025 (10:30-6pm Saturdays)



**At GFCA, our teaching is contemporary in approach; it is both challenging and enjoyable - focused, vigorous and fun - and many of our graduates are achieving major successes in the industry!**

**The GFCA 1-term PROGRESSION course is designed for people of any age from 18+ - those who want to develop a future in acting; people actively preparing to audition for drama-school; or individuals who are seeking a change in career-direction - those who want to get ahead, develop their range and gain a clear understanding for what it means to train as an actor.**

The sessions run across a full day on Saturdays and provide a range of experience of the world of acting, but is designed to allow people to also hold down a job, or to explore life in London, while taking their acting to the next level.

At GFCA we keep our group-sizes small so that each person has time to work, giving opportunities to dramatically increase skills and confidence, with advice and guidance from top experts in acting, movement, improvisation and voice. Most of our tutors teach or have taught at the major UK drama schools, and continue to work professionally; some are renowned in their fields.

Participants have core acting classes each week, including scene-rehearsal coaching, and specialist sessions in Acting for stage and film, Meisner Technique, Voice, Movement, Improvisation, scene-study and Audition-preparation, taught by the Centre's teaching team of leading professional coaches. They are also encouraged to find time to go and see as much film and theatre as possible outside of timetabled hours.

We are based in Dean Street, Soho - the heart of London's theatre and film industry.



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## Further Information:

Acting coaching is at the core of the training. Learn how to open up emotionally, to trust your impulses and to analyse a script thoroughly. Discover methods to analyse characters, to explore core motivations and to develop clear character thought-processes. Take part in movement and voice classes designed to help your instrument grow from a technical perspective, as well as exercises and methods to expand your imagination and spontaneity.

You will be given scenes and monologues to prepare and rehearse for an in-house showing in the final session; focussing on pieces suitable for audition, either for our own 20-month Advanced Intensive Diploma, or for other Drama Schools offering higher-level study.

Feedback and guidance is provided throughout, both informally and at the conclusion of the programme.

14 is the maximum number in the group.

Before enrolment, we arrange an informal interview, either in person or over zoom.

If you are new to GFCA, please first register online : <https://forms.gle/iebrW7te7ak6wReA9>

## FEES:

**Saturday course 10:30-6pm : £600**

- 25% deposit is payable at enrolment, to confirm your place
- Balance is due by 4 January

**Get in touch to find out more!**



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